

JITTERBUGS SWINGAPORE – ADULTS' DANCE CLASSES / COURSES (8-WEEK / 4-WEEK)



 Date of printing is **14 Mar 2012**.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Non-Partner Dances 1830 - 1930 Ballet Intro [GW] (26-Mar, 21-May) 1930 - 2030 Ballet 1 [GW] 2030 - 2145 Ballet Open [GW] 1830 - 1930 Jazz Intro [NL] (12-Mar, 7-May) 1930 - 2045 Jazz 1 [NL] 2045 - 2200 Lyrical Jazz 2 [NL] 1900 - 2000 Hip Hop Intro [YF] (12-Mar, 7-May) 2000 - 2100 Hip Hop 1 [YF] Gals' Only 1900 - 2000 Ladies Salsa Styling 1 [PL / YL] (2-Apr, 28-May) 2000 - 2100 Ladies Salsa Styling 2 [PL / YL] (2-Apr, 28-May) 2100 - 2200 Ladies Salsa Styling 3 [PL] (30-Apr, 2-Jul)	Non-Partner Dances 1830 - 1930 Tap Intro [NL] (6-Mar, 8-May) 1930 - 2030 Tap 1 [NL] 2030 - 2130 Tap 2 [NL] 1830 - 1930 Broadway Jazz Intro [JP] (6-Mar, 8-May) 1930 - 2030 Broadway Jazz 1 [JP] Gals' Only 1930 - 2030 Grrl Power 1 [ZC] (13-Mar, 15-May) Partner Dances 1900 - 2000 Salsa 1 [LW / KC] (13-Mar, 15-May) 2000 - 2100 Salsa 2 [LW / KC] (2A 13-Mar, 2B 15-May) 2030 - 2130 West Coast Swing 2 [BP / ML] (20-Mar, 22-May)	Non-Partner Dances 1900 - 2000 Hip Hop Intro [AC] (28-Mar, 23-May) 2000 - 2100 Hip Hop [AC] 1900 - 2000 Ballet Pointe [SG] (25-Apr, 20-Jun) 2000 - 2130 RAD Ballet Adv 2 [SG] (14-Mar, 9-May) Partner Dances 1900 - 2000 West Coast Swing 1 [BP/ JL] (25-Apr, 20-Jun) 2000 - 2100 West Coast Swing 2 [BP/ JL] (25-Apr, 20-Jun) 2100 - 2200 West Coast Swing 3 [BP/ JL] (25-Apr, 20-Jun) 2030 - 2130 Casino 3 [LW]	Non-Partner Dances 1830 - 1930 Ballet Intro Adults [SG] (19-Apr, 21-Jun) 1930 - 2030 Ballet 1 Adults [SG] 2030 - 2145 Ballet 2 Adults [SG] 1830 - 1930 Contemporary Intro [YJ] (26-Apr, 21-Jun) 1930 - 2030 Contemporary 1 [JG] 2030 - 2130 Contemporary 2 [JG] 1900 - 2000 Tap 3 Gals' Only 1900 - 2000 Grrl Power 1 [ZC] (26-Apr, 21-Jun) 2000 - 2100 Grrl Power 2 [ZC] (26-Apr, 21-Jun) Partner Dances 1900 - 2000 Lindy Hop 1 [SL / BA] (26-Apr, 21-Jun) 2000 - 2100 Lindy Hop 2 [SL / BA] (26-Apr, 21-Jun) 2000 - 2100 Lindy Hop 3 [TB] (26-Apr, 21-Jun) 2100 - 2300 Swing Fling (Lindy Hop Social)	Gals' Only 1900 - 2000 Burlesque Intro [ZC / JP] (4-May, 6-Jul) 2000 - 2100 Burlesque 1 [ZC / JP] (4-May, 6-Jul) Partner Dances 1900 - 2000 Casino 1 [LW] (13-Apr, 22-Jun) 1900 - 2000 Salsa 1 [KC / KW] (13-Apr, 22-Jun) 2000 - 2100 Salsa 2 [KC / KW] (2B 13-Apr, 2A 22-Jun) 2000 - 2115 Salsa 3 [TB] (4-week: 30-Mar, 1-Jun, 29-Jun) 2100 - 0000 Latin Fiesta (Salsa & other Street Latin Dances Social) 2100 - 0000 West Coast Fling (West Coast Swing Social)	Non-Partner Dances 1430 - 1530 Hip Hop Intro [YF] (7-Apr, 23-Jun) 1500 - 1630 RAD Ballet Int [GN / SG] (By audition only; 14-Apr, 23-Jun) 1630 - 1800 RAD Ballet Adv 2 [GN / SG] (By audition only; 14-Apr, 23-Jun) 1630 - 1730 Afro-Latin Movement 2 [BP] (By audition only) Partner Dances 1730 - 1830 Salsa 4 [TB] (By audition only) 1830 - 1930 Casino 4 [LW] (By audition only)	Non-Partner Dances 1130 - 1230 Break Dance Intro [WA] (1-Apr, 3-Jun) 1230 - 1330 Break Dance 1 [WA] (1-Apr, 3-Jun) 1300 - 1430 RAD Ballet Int [GN / SG] (By audition only; 25-Mar, 27-May) 1630 - 1730 Body Movement Intro [PL / BP] (18-Mar) 1730 - 1830 Lindy Hop Jam & AirSteps Intro [BA] 1830 - 1900 Supervised AirSteps Prac [BA] (18-Mar; Requires 8-count Lindy Hop experience and 6 months of social dancing)

CIRCUS SWINGAPORE – ADULTS' CIRCUS ARTS COURSES (8-WEEK)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1900 – 2000 Circus Trial Classes (Aerial Arts 19-Mar, 16-Apr, 21-May) Acrobatics 2-Apr, 7-May) 1900 – 2000 Stretch & Tone (26-Mar, 9 & 23-Apr, 14 & 28-May) 2000 – 2130 Circus Arts Intro (19-Mar)	1830 – 1930 Cirque Prac 1930 – 2100 Circus Arts Intro (20-Mar, 22-May)	1900 – 2030 Circus Arts 1 (21-Mar) 2030 – 2200 Circus Arts 2 (21-Mar) 1900 – 2100 Cirque Prac Only on 7 and 14 Mar. \$10/hr; \$15/2hr.	No classes	1900 – 2000 Circus Arts 3 09-Mar Lyra / Hoop 18-May Silks 13-Jul Static Trapeze 2000 – 2100 Cirque Prac	No classes	1330 – 1430 Acrobatics 1 (25-Mar, 27-May) 1530 – 1630 Acrobatics Intro (25-Mar, 27-May) 1700 – 1830 Circus Arts 1 (18-Mar, 20-May)

INFORMATION

MEMBERSHIP FEES PER ANNUM \$50.00 Adults \$25.00 Students / NSF FEES M – Member; NM – NonMember M \$15.00 NM \$20.00 Jitterbugs Swingapore Single Class M \$120.00 NM \$160.00 Jitterbugs Swingapore 8-week courses M \$160.00 NM \$240.00 Jitterbugs Swingapore 8-week 1.5hr courses M \$25.00 NM \$35.00 Circus Swingapore Single Class M \$200.00 NM \$280.00 Circus Swingapore 8-week courses M\$180.00 NM\$240.00 Dance Card (12 classes plus 1 free) - Not transferable. - Applicable for all classes (including 8-week courses). - Valid for 6 months from the date of purchase. - Not refundable, either in partial or in whole of any unused portion on the dance card. - Not applicable to Circus Swingapore, nor 1.5-hour classes. - Not applicable for use on Kids Courses. - Not applicable for use in workshops or special events.	DANCE SOCIALS / CIRQUE PRAC \$5.00 per entry - Swing Fling, Latin Fiesta & West Coast Fling Free if you're currently taking a relevant class. \$10.00 per entry - Cirque Prac Payable before class on the same day. PRIVATE CLASSES (1 to 2 persons) \$120.00 1 x Private Dance Class (1 hour) \$400.00 4 x Private Dance Class package (4 hours) \$150.00 1 x Private Circus Class (1 hour) \$520.00 4 x Private Circus Class package (4 hours) FACULTY FT - Fen Tonge TW - Tiffany Wrightson CZ - Cindy Zhuang NL - Nicholas Long WC - Wei Cheng, Yang YF - Yi Fan, Tan ZC - Zelia Cheong SY - Siew Yin, Wong MM - Mario Moreno HZ - Hazel Zhou AC - Andreas Chua SL - Sing Lim GN - Geraldine Nonis GW - Grace Wee SG - Sharon Goh NK - Nicole Khoo MH - Misha Hajab DS - Danial Saring SY - Siew Yin, Wong WA - Wei An, Hwa JP - Jenni Ptohopoulos JG - Jackie Ong LW - Leona Wee BP - Bernard Phua JL - Joyce Liong PL - Phei Ling, Goh KC - Khai Chou, Yong JK - Jared Koh KW - Kit Yee, Wan ML - Marianne Low JO - Jessie Ong YL - Yulan, Han YJ - Yoshi Jacobson	LEVELS Intro / 1 – Beginner 2 – Beginner / Intermediate 3 – Intermediate 4 & Above – Advance (By audition only) 8-WEEK COURSES 1. For maximum dance-ability, these classes require early registration and advance payment of the cost of the entire course to confirm reservation. 2. Closing date for registration is one week before the stated start date. 3. Subject to a minimum of 10 fully-paid up and registered persons to start. 4. If a class is missed, no replacement classes or refunds will be made. 5. A S\$20 administrative fee will be levied on any changes made to any 8-week course registration. NOTES 1. Commencement dates for courses are as indicated; all other classes are ongoing classes. 2. Unless the age group is specified, classes are suitable for persons age 13 and above. 3. All information is correct at time of printing. 4. Jitterbugs Swingapore reserves the right to amend the schedule without prior notice.	 JITTERBUGS SWINGAPORE dance@swingapore.com www.swingapore.com  CIRCUS SWINGAPORE circus@swingapore.com circus.swingapore.com 2 Handy Road #B1-08 The Cathay Singapore 229233 T.65.6887.0383
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happysexpassionatecool descriptions

Below is a brief description of the classes we teach at Jitterbugs Swingapore & Circus Swingapore. You don't have to bring a partner and for all Level 1 classes, you don't need any previous dance experience. Unless otherwise specified, all classes are 1-hour classes.

PARTNER DANCES

Lindy Hop - We are the region's premier school for Lindy Hop, the original form of jive dancing.

West Coast Swing - A partner dance which allows for full freedom of creativity and musical interpretation by both partners to improvise steps while dancing together.

Salsa - The original street partner dance, Salsa is now more popular than ever. Sexy and fun! On1 (LA-style) and On2 (NY-style) classes available.

Salsa Casino - Salsa danced in a circle, where partners move from one to another, following the calls of a leader.

Merengue - A dance ideally suited to small, crowded dance floors, easy to learn and fun! (4-week course)

Bachata - A fun dance with a naughty hip movement.

Street Cha Cha Cha - Chasse to the "Triple Mambo"!

NON-PARTNER DANCES

Hip Hop - As seen on MTV, Hip Hop steps are fun and challenging (Be ready to sweat!)

Hip Hop Teens - Hip Hop moves for teens 13 to 18 years!

Hip Hop Mix - Classes that teach the variety of styles within the Hip Hop genre.

Grrl Power - Hip Hop moves with a feminine touch. Gals only!

Ballet - Learn ballet positions and classical ballet movement.

Jazz - From funky LA style to Lyrical, these technique-based classes will improve flexibility, strength and stamina. (1 hr 15 min class; Level 3 is a 2-hr class.)

Lyrical Jazz - A level 2 class with Jazz dance techniques to slower, more emotive music. (1 hr 15 min class)

Broadway Jazz - Emphasises performance and characterisation skills focusing on Jazz.

Contemporary - Explore the natural energy and emotions of your bodies to produce dances which are often very personal.

Tap - Get your feet in rhythm, with focus on technique and putting the right foot first!

Burlesque - Learn the moves which are a unique blend of dance, strip tease, humour and gimmick. Gals only!

Body Movement - A workout with basic head-to-toe isolation exercises for different body parts and progressing into applied body movements in dance steps and moves with strong Salsa, Latin and Afro-Cuban dance flavor.

Ladies Salsa Styling - Sensual, expressive Latin dance without a partner, incorporating body isolation and stretching exercises.

Break Dance - An acrobatic Hip Hop style of dance.

CIRCUS SWINGAPORE

Acrobatics - One of the performing arts, which involves feats of balance, agility and coordination.

Circus Arts - Explore aerial Circus Arts of hoop / lyra, hammock, rope, silks and static trapeze.

BABES, TOTS & KIDS

Unless otherwise specified, all Kids classes are 9-week terms. Classes for 2 to 6 yr are 45 min; classes for 7 to 12 yr are 1 hour.

CSTD & RAD Ballet Kids (4 - 12 yr) - Learn basic and intermediate concepts in classical ballet. Programme year starts mid Mar 2012.

Hip Hop Kids (4 - 12 yr) - Energetic and fun, get the groove, including stretching and isolations.

CSTD Jazz for Kids (4 - 12 yr) - The rudiments of jazz technique strengthen and increase the flexibility of a young dancer in a fun environment. Programme year starts Jan 2012.

CSTD Tap Kids (4 - 12 yr) - Get your kids' feet in rhythm, with focus on technique and putting the right foot first! Programme year starts Jan 2012.

Dance Babes (2 - 3 yr) - Parents and kids come together to explore movement and music.

CIRCUS SWINGAPORE KIDS

Acro Kids (4 - 12 yr) - Develop the basics of tumbling and tricks.

Circus Kids (7 - 12 yr) - Explore aerial Circus Arts of hoop, hammock, rope or silks.

Class Levels

1 - Beginner

Dance experience is not expected or required in this class — you start at this level if you've never danced in your life before.

2 - Beginner / Intermediate

We build on level I and continue to hone your skills by consolidating the fundamentals you learnt and expanding your dance vocabulary.

3 - Intermediate

Builds on levels I and II, by consolidating the fundamentals you learnt in our beginner classes (or elsewhere). Your dance vocabulary is expanded, and we aim to get you to dance even more confidently.

4 - Advance (By invitation / audition only)

Aimed at the "serious" dancer, level IV focuses on technique. Students at this level are expected to be comfortable with their specific dance style techniques.

O - Open

All levels are welcomed. The classes are mostly pitched at the beginner / intermediate level, but advance dancers will be challenged too.

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1. All class fees must be paid and registration must be completed before taking class.
2. Please try not to be late for class - it is disrespectful, disruptive and distracting to both your instructor and classmates.
3. Please help us keep the studio clean and tidy. Place your bags on the shelves or on the floor at the side of the studio.
4. Please do not bring any food and drink into the studio.
5. Please ensure that all beeping devices - pagers, cellphones, watches, PDAs, etc - are silenced before entering the studio for class.
6. Please direct questions in class to the instructor and not to another student - we always welcome questions and clarification during class and other students might benefit from the answer.
7. At all times, please be aware of your own safety and the safety of those around you.
8. All lost and found items will be kept for one month and then donated to charity.

Wanna Dance?

I acknowledge that Jitterbugs Swingapore has informed me that there will be risks of injury associated with all forms of dance or exercise. I assume all such risks and agree that Jitterbugs Swingapore will not be responsible in any way for such injury I may suffer in or as a result of the classes and / or any other such events conducted at / by Jitterbugs Swingapore.



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Class Schedule and Descriptions THE CATHAY 2011 / 2012



Before



After

Wanna Dance?

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lindy hop, salsa, hip hop and all that jazz